

## Collection of 24-hour urine sample

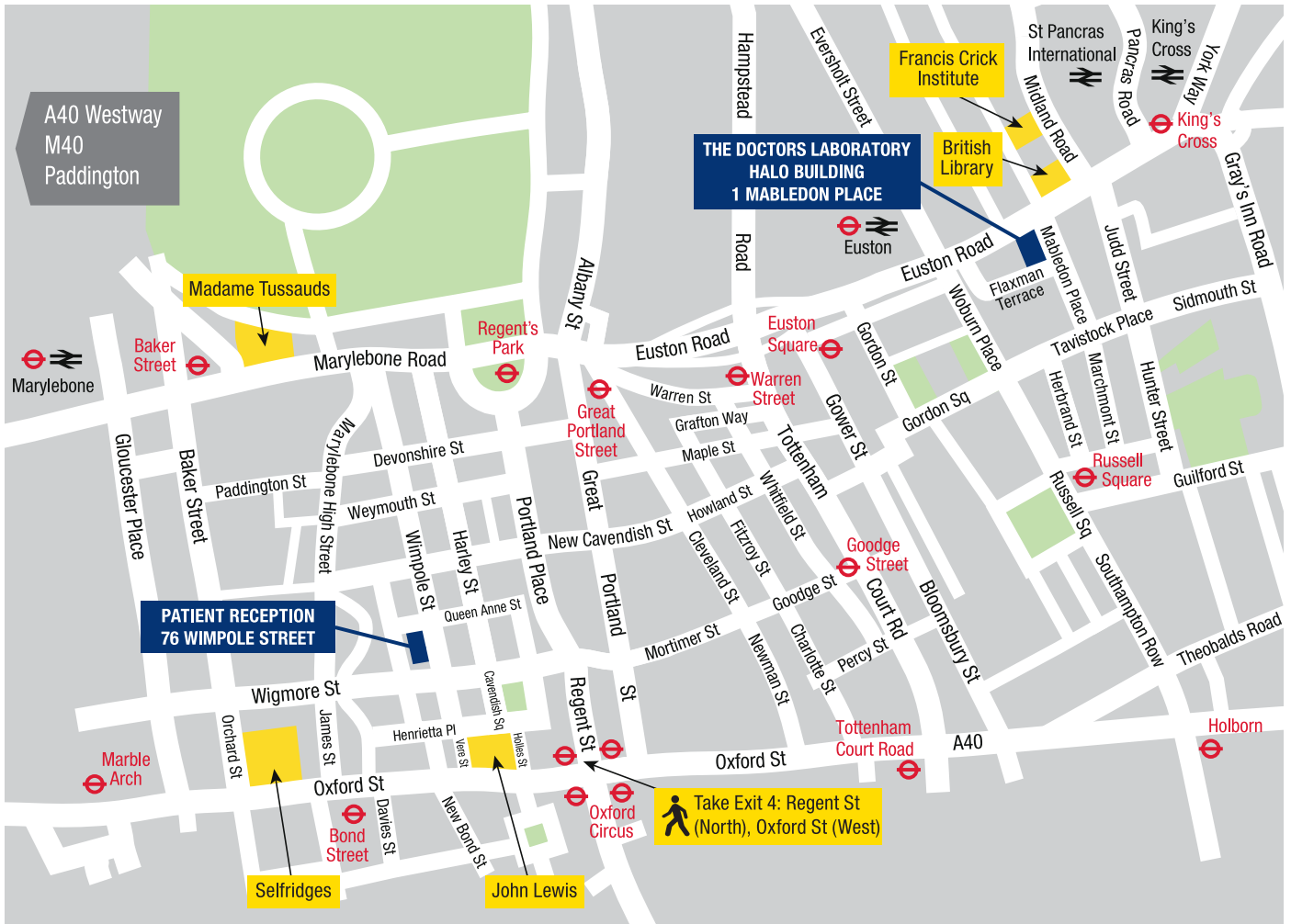
### Patient Information Sheet

*You may find it convenient to collect the urine over a weekend to avoid having to take the container to work with you.*

If you require further specimen containers please email **LSC@tdlpathology.com** or call **020 7307 7373** who will be able to assist you. Please return the sample with the Request Form. Read through all of the instructions below before taking your sample.

- 1** Do not collect the first urine sample of the day. For example, go to the toilet as normal.
- 2** Collect the second urination of the day and all urine samples for the next 24 hours in the container provided. For example: from **08:00AM** to **08:00AM** the next day.
- 3** Please label the container with the following: Patient name, DOB, Date of sample, Sex, Date and time of collection and Volume.
- 4** Store container in a cool place, preferably a refrigerator.
- 5** Keep the container upright during collection.
- 6** Place the container in the specimen bag provided.
- 7** Please return the sample and the request form to the Laboratory.

If you are on any medication please give the Phlebotomist / Receptionist / Laboratory full details when you return your sample.



### PATIENT RECEPTION

76 Wimpole Street, London W1G 9RT  
 Telephone: 020 7307 7383  
 Patient Reception Fax: 020 7307 7371  
 Email: [patientreception@tdlpathology.com](mailto:patientreception@tdlpathology.com)

### OPENING TIMES

Monday to Friday 7.00am – 7.00pm  
 Saturday 9.00am – 1.00pm

### OUT OF HOURS SAMPLES

Out of hours samples can be dropped off at Patient Reception, 76 Wimpole Street London W1G 9RT

Or at the main laboratory:  
 The Halo Building, 1 Mabledon Place  
 London WC1H 9AX