

URINALYSIS AND URINE CULTURE COLLECTION KIT


A urine sample collection kit used for the collection and transportation of samples for laboratory analysis of urine chemistry, microscopy and bacterial culture


This kit contains the materials required for either sample self-collection or collection by a health/social care professional.


IVD For *in vitro* diagnostic use, sample self-collection


REF KT386



 Carefully read the enclosed instruction leaflet before use

 Important: Do not use kit if security seal is broken. Keep out of reach of children

 Do not re-use

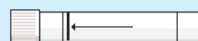
 For use by persons aged 18 and over


Sample collection instructions (Steps 1–13)

- Please ensure the kit is within expiry date and read these instructions carefully and completely before attempting to collect the sample.
- If your kit requires online activation, please follow the instructions provided by your healthcare organisation. If you need assistance please contact the healthcare organisation who arranged the test.
- You should not have urinated for at least 1 hour before sample taking.

Your sample collection kit contents

Please check that the kit contains all of the items outlined below. Do not proceed with sample taking if any items are missing or damaged, contact the healthcare organisation who arranged your test for assistance.

 Urine specimen transport tube ☐☐

 Urine specimen transport tube (containing boric acid) ☐☐

Security Seal

To Open Box - Tear Seal & Lift Flap
MDKool.com

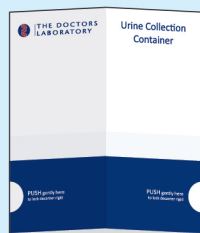
Return security label

First name:
Surname:
DOB:
Sample type:
Y04488805-00-0107 

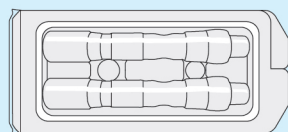
Sample label x2



Return postal envelope



Urine collection box



Protective packing case



Collection kit outer box

URINE SAMPLE COLLECTION

1 If not already pre-populated please complete the test request form, provided by your doctor/clinic, separate to this kit. **Make sure the sample date is completed.**



2 Clearly complete both sample collection tube labels using a ball point pen with:

- Your First name
- Your Surname
- Your Date of birth
- Sample type: Urine



Do not affix it to a tube at this stage.

3 IMPORTANT SAMPLE TRACKING INFORMATION!

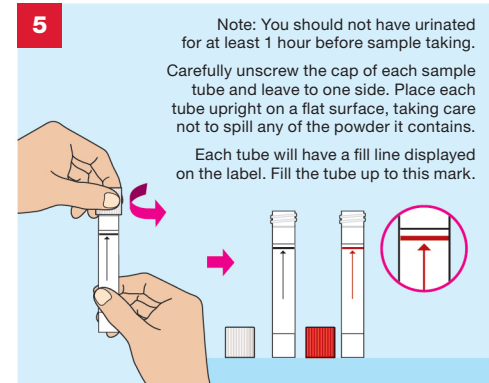
The enclosed postal envelope has a postal tracking label applied. Please make a note of the unique tracking number displayed under the barcode on the postal tracking label, as shown below. Keep this in a safe place for future reference. **You can track delivery of your Royal Mail parcel by entering this number using the following link:** <http://www.royalmail.com/track-your-item>

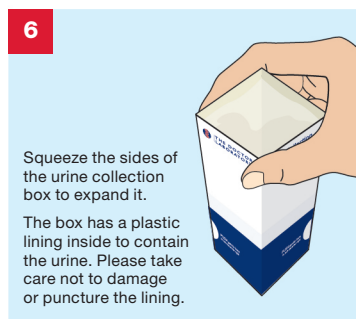


Write your tracking number here for reference – keep this safe.

4  Wash hands using soap and water and dry them.

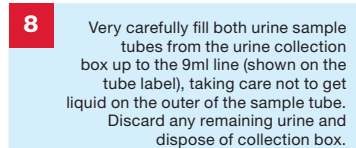
5 Note: You should not have urinated for at least 1 hour before sample taking. Carefully unscrew the cap of each sample tube and leave to one side. Place each tube upright on a flat surface, taking care not to spill any of the powder it contains. Each tube will have a fill line displayed on the label. Fill the tube up to this mark.



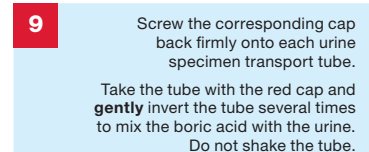
6  Squeeze the sides of the urine collection box to expand it. The box has a plastic lining inside to contain the urine. Please take care not to damage or puncture the lining.

7  Pass the first part of your urine into the urine collection box until it is half full then finish in the toilet.

8 Very carefully fill both urine sample tubes from the urine collection box up to the 9ml line (shown on the tube label), taking care not to get liquid on the outer of the sample tube. Discard any remaining urine and dispose of collection box.

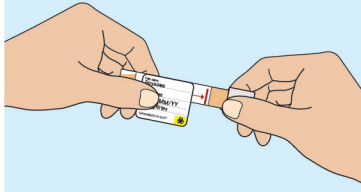


9 Screw the corresponding cap back firmly onto each urine specimen transport tube. Take the tube with the red cap and **gently** invert the tube several times to mix the boric acid with the urine. Do not shake the tube.



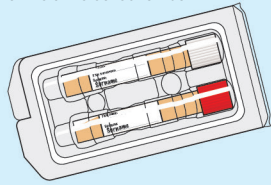
10

Apply a completed sample label onto each urine specimen transport tube as shown.



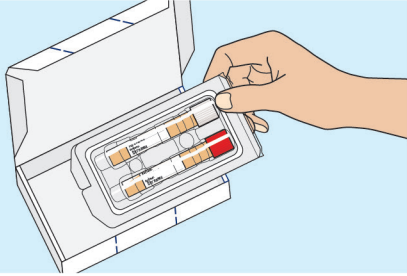
11

Place both urine specimen transport tubes into the protective packing case and firmly close. Discard any urine left in the urine collection box into a toilet and dispose of the urine collection box.



12

Place the protective packing case into the collection kit outer box.



13 IMPORTANT CHECKLIST

Before you return your sample please do the following:

- Place your completed request form supplied by your doctor/clinic into the postal envelope
- Make sure both urine specimen transport tubes are labelled and are placed inside the protective packing case
- Place the packing case into the collection kit outer box
- Close the collection kit outer box firmly and apply the return security label to seal it
- Place the collection kit outer box into the return postal envelope
- Check that you have taken note of your postal tracking number

You are now ready to seal the postal envelope. Please store at room temperature until posted.

Please post your sample to **The Doctors Laboratory** as soon as possible (ideally on same day or within 24 hours of sample collection) from **ANY** Royal Mail post box in the UK. No stamp is required within the UK.

If you need assistance please contact The Doctors Laboratory on 020 7307 7373 or email samples@tdlpathology.com.



We would welcome feedback on your experience of using this self-collection kit to help us improve our services. To complete a short online survey please scan the code or visit:

<https://forms.office.com/r/nGdX6Z0s0e>

Warnings and precautions

- This kit is designed for use by persons aged 18 and over and upon request of a healthcare professional or healthcare organisation.
- Please consult with a healthcare professional for guidance on sample collection processes for adolescent and younger children.
- The kit should not be used by individuals lacking the physical or mental capacity to correctly follow the self-collection instructions. If you have problems please consult with your advising healthcare professional.
- Do not affix the label to the urine specimen transport tube until after you have collected your sample. You will not be able to see how much urine you have collected if the label covers the tube.
- To ensure the correct concentration of boric acid preservative the sample must be filled to the fill line indicated on the tube. If filled incorrectly (too little urine) Boric acid may become inhibitory to some organisms and inhibit tests for leucocyte esterase.
- The accuracy of your results may be compromised if you do not read and follow the instructions in full.
- Antibiotics may affect the test result. If you are taking antibiotics, or have recently, discuss this with your healthcare professional.
- The International Scientific Supplies (ISS) boric acid tube contains pre-dosed boric acid in powder form. In the case of contact with eyes, skin, nose or mouth please rinse thoroughly with clean water and if irritation persists seek medical attention. Additionally, in the case of contact with eyes please remove contact lenses prior to rinsing. If ingested please drink plenty of water, do not induce vomiting and consult a medical professional. In the case of spillages avoid direct contact with eyes, skin, nose or mouth and wipe with tissue paper, and dispose in normal household waste. For further information please refer to safety datasheets which can be found at www.intscientific.com.
- Samples arriving at the laboratory which show signs of degradation or general damage or arrive after 6 days (universal container) and 4 days (Boric acid container) of sample taking may not be tested.

Materials required but not provided

- **Test request form.** This will be provided by your healthcare professional or healthcare organisation. **Please complete the request form with your details as instructed.**

Clean tissue paper

Laboratory Tests

- The tests and procedures undertaken by The Doctors Laboratory Limited are verified and performed in line with supplier product instructions for use and supported by additional validation data for use with self-collection procedures.
- Test results are provided in line with clinically approved results pathways, agreed between The Doctors Laboratory Limited and the patients designated healthcare professional or healthcare organisation.

KEY TO SYMBOLS

IVD	For <i>in vitro</i> diagnostic use	Manufacturer	UK CA	UK Conformity Assessed
REF	Catalogue number	EC REP	CE	EU Authorised Representative EU Conformity Assessed
LOT	Batch code	4°-25°		Temperature limits Do not re-use
	Biological risk. Biological sample, treat as potentially infectious			Caution, consult accompanying documents Consult instructions for use
	Use by end of year-month			Keep away from sunlight For use by persons aged 18 and over
	Do not use if package is damaged			Distributor Keep dry

REAL Digital International Limited, 2 Queensway, Croydon, Surrey, CR0 4BD, UK
Website: www.real-digital.co.uk

Casus Europe BV, Lange Viestraat 2 B, 3511BK Utrecht, The Netherlands.

The Doctors Laboratory Limited
Distribution is restricted to regions in which the product is registered by the manufacturer.

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RDI-IFU-017, TAP4980D/05-02-24/V18. Issue No. 2; Date 05/02/24.

Revision/Date	Change summary
1 02/2023	Initial RDi product for UK market
2 02/2024	RDi IVD product CE registration

If any serious incident occurs in relation to the use of this kit, it should be reported to the manufacturer and the competent authority of the Member State in which the user and/or the patient is established.