

Collection of 24-hour urine sample for Serotonin

Patient Information Sheet

You may find it convenient to collect the urine over a weekend to avoid having to take the container to work with you.

If you require further specimen containers please email **LSC@tdlpathology.com** or call **020 7307 7373** who will be able to assist you. Please return the sample with the Request Form. Read through all of the instructions below before taking your sample.

- 1 Do not collect the first urine sample of the day. For example, go to the toilet as normal.
- 2 Collect the second urination of the day and all urine samples for the next 24 hours in the container provided. For example: from **08:00AM** to **08:00AM** the next day.
- 3 Please label the container with the following: Patient name, DOB, Date of sample, Sex, Date and time of collection and Volume.
- 4 Store container in a cool place, preferably a refrigerator.
- 5 Keep the container upright during collection.
- 6 Place the container in the specimen bag provided.
- 7 Please return the sample and the request form to the Laboratory.

If you are on any medication please give the Phlebotomist / Receptionist / Laboratory full details when you return your sample.

IMPORTANT NOTICE

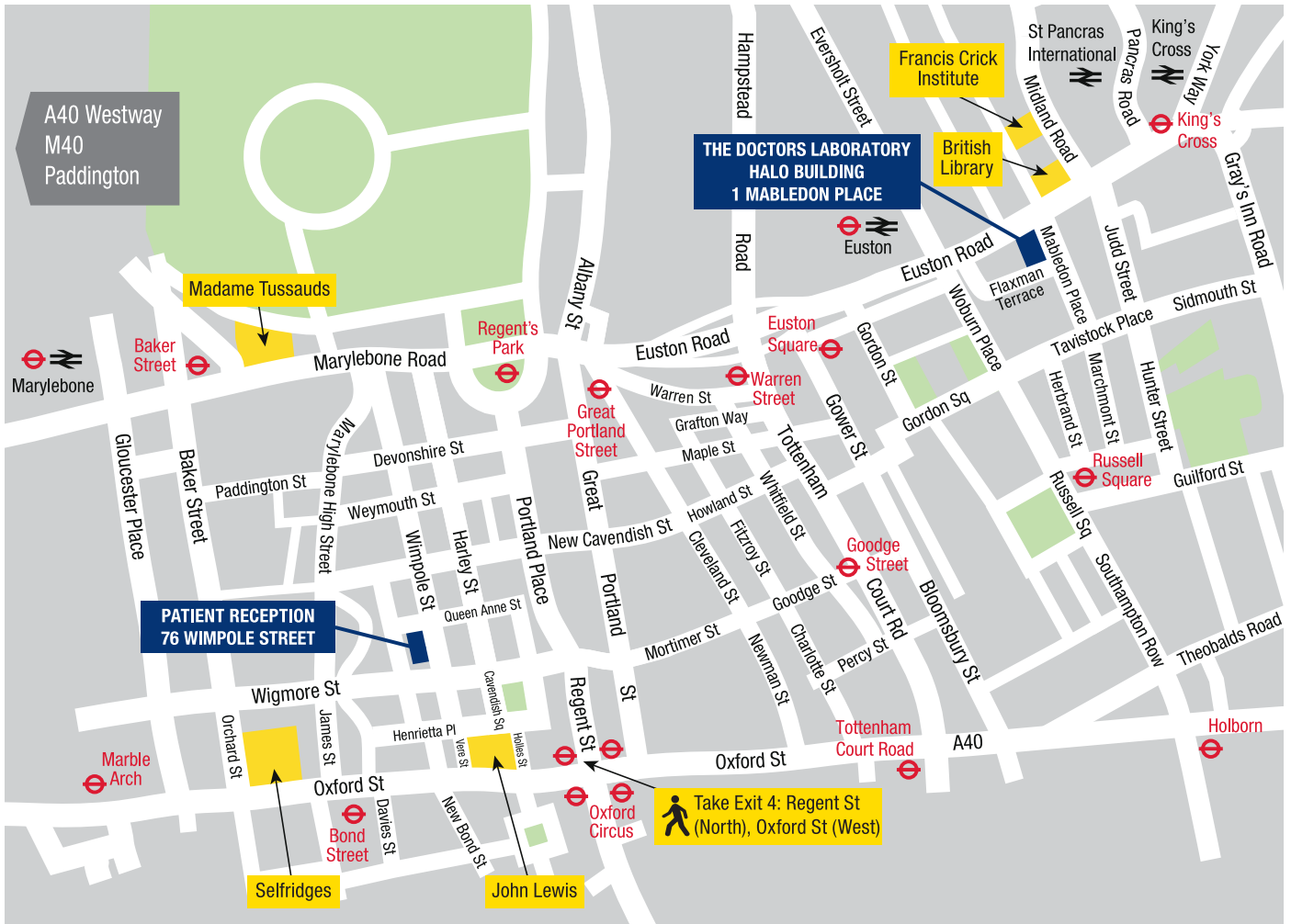
For 1 day prior to and during the collection you must avoid the following:

- Bananas
- Walnuts
- Tomatoes
- Pineapple
- Currants
- Plums
- Gooseberries
- Mirabelle plums
- Melons
- Avocado

In addition, please abstain from the following medications 1 day prior to during the sample collection:

- Methocarbamol
- Mephenesin
- Guaifenesin
- Paracetamol
- Salicylic acid

Please consult your doctor before withholding regular medication. If you take any other medication please give the phlebotomist/receptionist/laboratory full details when you return your sample.



PATIENT RECEPTION

76 Wimpole Street, London W1G 9RT

Telephone: 020 7307 7383

Patient Reception Fax: 020 7307 7371

Email: patientreception@tdlpathology.com

OPENING TIMES

Monday to Friday 7.00am – 7.00pm

Saturday 9.00am – 1.00pm

OUT OF HOURS SAMPLES

Out of hours samples can be dropped off at Patient Reception, 76 Wimpole Street London W1G 9RT

Or at the main laboratory:

The Halo Building, 1 Mabledon Place
London WC1H 9AX